

# 2024 Retirement Risk Survey: At a Glance

A quick look at retirement in the U.S.



## RETIREMENT TIMING

**59%** of all retiree respondents reported retiring earlier than expected.

Health status was the primary reason for lower income respondents (**49%**).

Job dissatisfaction (**29%**) and hitting savings goals early (**24%**) were the top reasons for those from higher incomes.

## INFLATION'S IMPACT

Inflation is the uninvited guest that's hard for most respondents to ignore.



**89%** of lower income retirees are concerned



**56%** of higher income retirees feel the same

Biggest cost pressures:

+ **Gas, food and other everyday expenses**

+ **Utility energy costs**

+ **Lifestyle spending**

## FAMILY AND CAREGIVING

**16%** of retirees provide care to family or loved one.

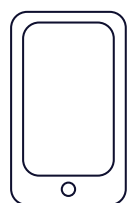
Among caregivers, **62%** provide 10 or fewer hours of care per week, while just over a quarter provide 21 or more.

Most caregivers are women, and lower-income respondents are more likely to provide care.

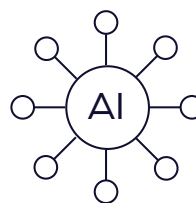


## TECHNOLOGY USE

Retirement doesn't mean going offline



**92%** of retiree respondents use smartphones daily



**26%** actively use artificial intelligence



Dive deeper into findings from the Retirement Risk Survey and **download the full report.**

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